

Ninth Annual California Association of Child Life Professionals Conference

***Enhancing Professional Development and
Practices***



November 17, 2012

Registration and Opening Keynote will take place in:

M.O.B. Medical Office Building
3030 Children's Way
San Diego, CA 92123



7:30 – 8:30am REGISTRATION & CONTINENTAL BREAKFAST

8:30am WELCOME

9:00 – 10:30am KEYNOTE
1.5 PDH/CEU

The Joy and Burden of Care Giving: Compassion Fatigue and Self-Care

Bonnita Wirth, MSW, Ph.D., BCETS
Occupational Psychologist

Child Life Specialists chose to work with infants, children, youth and families in various settings to protect the emotional wellbeing of children facing severe stressors and crises—including grief, death and bereavement. These caregivers are not invulnerable to the suffering they must bear witness to daily. It is their compassion that propels them to be involved and assist families in their most difficult hours. However, walking in trauma impacts a caregiver's views about life, themselves, their loved ones, and ultimately—the reasons they put themselves on the front line.

This session is to empower the Child Life Specialist to re-balance their life and increase their resilience so that they can remain hardy doing the work they embrace so passionately. It will educate about the signs and symptoms of CF and outline strategies to mitigate the effects of CF while retaining a sense of confidence and connectedness to the crisis work.

Domain III: Tasks 1, 3, and 5

10:45 – 12:15am SESSION I
1.5 PDH/CEU

1. Child Abuse-Identification Factors and Interventions for Child Life Specialists

(Entry) Domain I: Tasks 2, 3, 4, and 6

Stephanie DeMello, MS, CCLS
CHOC Children's

This presentation will discuss the needs of children in our hospitals who have been victims of abuse. Current information on child abuse in California will be presented, along with behavioral indicators for identifying signs of abuse and neglect in our patients. We will discuss types of interventions for children of abuse in both the acute and chronic settings.

2. *Beyond the Patient: Cultivating a Therapeutic Relationship with Parents*
(Intermediate) Domain II: Task 5

Laila Ramji, MA, CCLS III
Santa Monica UCLA Medical Center and Orthopedic Hospital
Denise Matsuyama, MA, CCLS II
Mattel Children's Hospital at UCLA

Child life specialists are skilled in working with parents in stressful situations. Despite this fact, specialists may find themselves in difficult situations with families under duress. This presentation will obtain resources and work in small groups to strengthen the skills necessary to develop a supportive partnership with parents.

12:20 – 1:25pm **LUNCH**

1:30 – 3:00pm **SESSION II**
1.5 PDH/CEU

3. *Walking the Beam: Balancing Adolescent Patient Developmental Needs With the Medical Environment*
(Intermediate) Domain I: Task 3 & Domain II: Task 2, 6

Jessica Oviatt, MS, CCLS
CHOC Children's
Brienne Ortiz, MS, CCLS
CHOC Children's

Adolescents can be a challenging population for medical professionals. Through the discussion of research, the participant will explore developmental factors and effective communication techniques to enhance child life interventions with this population.

4. *Legacy of Leadership in Child Life: An Evidence- Based Practice Approach*
(All levels) Domain 3: Tasks 2, 3, and 5

Senta Green MA, CCLS
CEO & Chief Consultant, Full Circle Consulting Systems, Inc
Stephanie Hopkinson, MA, CCLS
Consultant, Full Circle Consulting Systems, Inc
Child Life Specialist, Kaiser Permanente, Los Angeles

We invite you to this highly engaging seminar to explore the concepts of effective leadership and provide you with the opportunity to critically reflect on your own

leadership styles, preferences, and abilities using models and tools of evidence – based practices as a core framework.

3:15 – 4:45pm **SESSION III**
1.5 PDH/CEU

5. *Creating Sacred Space Using Ritual to Enhance Personal Self Care*
(Intermediate) Domain III: Task 5

Korie Roe, MA, CCLS, CT
Child Life Specialist/Bereavement Coordinator at George Mark Children’s
House

This presentation is aimed at providing participants with an overview of ritual in various cultures and will provide concrete examples of rituals developed in child life programs to promote self care and enhance spiritual growth. Participants will be provided materials to engage in a ritual at the end of the presentation if they choose to participate.

6. *Promoting Communication and Team Cohesiveness*
(Intermediate) Domain III: Task 3, 5, and 6

Ryan Shortill, CEO and Founder of Positive Adventures, LLC
In Harmony Music Therapy Services

Ryan Shortill, CEO and Founder of Positive Adventures, LLC has dedicate his life to changing the lives of others through experiential education. He will be discussing how to effectively form relationships between youth worker and child and building group cohesiveness.

5:00 pm **HOSPITAL TOUR**

Certificate of Attendance

A certificate of attendance will be provided at the conference. Professional Development Hours (PDH) are used towards recertification for Child Life Specialists who have been certified by the exam. Please save your conference program and certificate as proof of your attendance.

Continuing Education Credits (CEU’s) will be provided through Rady Children’s Hospital. Those requesting CEU’s will be required to complete a pre and post evaluation.

Professional Development Hours/Continuing Education Units

****One education contact hour will equal one PDH/CEU. PDH/CEU hours are calculated in .5-hour increments only, rounded down to the nearest .5 hour.***

Driving Directions

From San Diego International Airport:

http://maps.google.com/maps?hq=http://maps.google.com/help/maps/directions/driving/mapleft.kml&f=d&dirflg=d&utm_campaign=en&utm_medium=van&utm_source=en-van-na-us-gns-dd

From Los Angeles:

http://maps.google.com/maps?hq=http://maps.google.com/help/maps/directions/driving/mapleft.kml&f=d&dirflg=d&utm_campaign=en&utm_medium=van&utm_source=en-van-na-us-gns-dd



The **Children's Way North Parking Garage** will allow for easier access to registration and the opening session. Parking fee is required.

Suggested Hotel Information

Holiday Inn Mission Valley Stadium
3805 Murphy Canyon Road
San Diego, CA 92123
1-858-278-9300

Must mention CA Association of Child Life Providers to receive a group discounted rate of \$79 a night **by October 24, 2012**

Link for CACLP online reservation:

<http://www.holidayinn.com/redirect?path=hd&brandCode=hi&localeCode=en®ionCode=1&hotelCode=SANMS&PMID=99801505&GPC=CLP>

Courtyard San Diego Central
8651 Spectrum Central Blvd
San Diego, CA 92123
1-858-573-0700

Must mention Rady Children's receive a corporate rate of \$119 a night

<http://www.marriott.com/hotels/travel/sancy-courtyard-san-diego-central/>

CONFERENCE REGISTRATION

Name _____

Hospital/Organization _____

Professional Title _____

Address _____

City _____ State _____ Zip _____

Daytime Phone () _____

Email Address _____

License # (for CEU's) _____

Full –Day Conference Fees

CLC Members - \$135

Non-Members - \$145

Students (please enclose a copy of your class registration) - \$105

(Continental breakfast & lunch included)

Identify your first choice for each workshop and your interest in the hospital tour.

10:45-12:15pm Workshops 1 _____ or 2 _____

1:30-3:30pm Workshops 3 _____ or 4 _____

3:15-4:45pm Workshops 5 _____ or 6 _____

5:00-5:30pm Hospital Tour _____

Dietary Restrictions _____

Please make checks payable to:

CACLP

Registration Deadline: Postmarked by October 19, 2012

Mail registration to:

CACLP

PO Box 34101

Granada Hills, Ca 91394

For additional information please contact: Maria Elena Tomé, CCLS

E-mail: caclp4@g-mail.com

(323) 409-4292